



We will be presenting a **Level 1 Foundations training in Spiral Dynamics Integral** in London, 1<sup>st</sup> to 3<sup>rd</sup> March 2018. Here are the details which we hope will assist you in choosing to join us. The training is certified by **Dr Don Beck** and is the entry point world-wide to all Spiral Dynamics Integral training programs.

## The Training

This training equips participants with in-depth understanding of the fundamentals of Spiral Dynamics Integral Theory and practice. It is a 3-day non-residential course.

This course is the foundation of all SDi practice – the entry point to this extraordinary and powerful system for understanding human dynamics and facilitating change. From the individual to the large-scale shifts of countries and cultures you will gain insights into how humanity changes, why it changes, and how to support healthy change to occur. We have redesigned our delivery to offer a larger element of experiential and embodied material.

In this 3 day seminar you will learn:-

- To recognise the different stages of development (the 8 mindsets / Values systems that underlie both personal and professional interactions) and the key motivators and demotivators at different stages
- To understand how these stages interact dynamically as viewed from individual, historical, societal and organisational perspectives
- To be aware of the interplay between the conditions facing people in their lives, and the coping strategies (Values and beliefs) by which they optimise their existence to meet them
- An understanding of the cycle of change, how to recognise symptoms of the 'gamma trap', the life conditions that lead to it and how to flex-flow to Evolutionary Change
- To recognise the different types of change (the integral change equation)
- To recognise 'what's next' for different people (yourself included) and cultures
- that internal and external conditions affect change-making strategies
- how to communicate with and motivate people
- strategies for designing and implementing change from multiple perspectives
- the keys to support of organisations struggling with VUCA conditions or embarking on the "Reinventing Organisations" or "Teal" journeys
- an enhanced understanding of the nature of conflict and the psychology of polarisation and the implications this has for cultural conflict resolution

You will also receive a personal ValueMatch Values Test and Change State Assessment.

On completion of the training you can expect to receive a certificate as a Level 1 Practitioner in Spiral Dynamics integral, accredited by Dr. Don Beck. This accreditation is the entry point to all subsequent

trainings (e.g. Organisational Development, Leadership Mastery) in the Spiral Dynamics integral portfolio at Level 2 and above.

## How to Book

**The dates for this training are March 1<sup>st</sup> to 3<sup>rd</sup> 2018, in Central London.**

The training is priced at £1095 and is non-residential. An early-bird discount price of £995 will be offered until October 31<sup>st</sup> 2017. A rate of £945 person is offered to couples or to three or more attendees from the same organisation. Please e-mail [jon@jonfreeman.co.uk](mailto:jon@jonfreeman.co.uk) for further details.

To register, please go to [www.spiralfutures.com/page36.html](http://www.spiralfutures.com/page36.html). Registration requires a £300 deposit. The remainder of your fee will be invoiced separately

## Facilitators



**Jon Freeman** is a generalist in an age of specialists, a systems thinker with high originality and a wide-ranging top-down perspective on individual, organisational and societal behaviour. A widely acknowledged expert in both theory and practice, he brings deep insight into organisational systems gained in his experience in some of the UK's largest blue-chip organisations as well as with public sector and charity / NFP clients. He is the author of two well-reviewed books, "The Science of Possibility" and "Reinventing Capitalism" and a columnist for Enlivening Edge with published articles in Kosmos, Integral Leadership Review and others. He is a Director of Conscious Capitalism UK, an Associate of Future Considerations and a member of the RSA.

**Rachel Castagne** draws on a background in psychology and communications as an intuitive bodyworker with a practice in accessing the hidden wisdom of our body's intelligence often expressed through disease. Interested in accessing collective intelligence and supporting collective emergence through the Art of Hosting and Collective Presencing, Rachel has facilitated trainings that develop and integrate the potentials and latent resources within individuals and groups. Working closely with others using a multi-modal approach that includes intuitive bodywork and spiritual practice alongside the creative and healing arts, Rachel is known for the valuable inner resources that she brings to facilitate authentic connection and radically honest engagement. Fascinated by the challenge of communicating across different value systems, she recently co-facilitated an experiential journey through the Spiral for over 100 participants.



Jon and Rachel are accredited by Dr. Don Beck to offer full certification trainings and have been teaching SDi together since 2009.

"I loved this course and really learned a lot! You are awesome. You make a really good teaching couple." BB (Denmark)

"Thank you so much for an amazing training in London a few weeks back. I am seeing (even more) patterns and I actually feel that understanding spiral more has increased my level of compassion for others as well as built acceptance of everyone having the right to be exactly who they are. Thank you." CA (Denmark)